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### SafeSourcing e-Newsletter

Have comments, questions, or suggestions about the SafeSourcing e-Newsletter? Let us know what you think by emailing us at the following address. We look forward to hearing from you!

[events@safesourcing.com](mailto:events@safesourcing.com)

#### Trivia!

What does Loose Loaded mean?

[www.safesourcing.com](http://www.safesourcing.com)

## Industry News

### *Stop Worrying and The History of Toilet Paper*

#### Toilet Paper

Before the invention of toilet paper, people used whatever was handy; namely rocks, sticks, leaves, corncob husks, or even wood shavings. The creation of toilet paper as we know it is credited to the Chinese, who invented a wrapping and padding material in the 2nd century B.C. According to Toilet Paper History.net, by the 6th century it was commonly used around China. In 1391, the first form of toilet paper was created for the emperor and his family, each sheet was perfumed. Mass production of toilet paper didn't start until the 1800s.

The first commercially packaged toilet paper was created by Joseph C. Gayetty. It consisted of flat, loose sheets of paper and was called The Therapeutic Paper. The paper, medicated with aloe, also had his name printed on every sheet. In 1890 the Scott Brothers began manufacturing toilet paper on a roll. Another company dominated the market in 1897 by perforating, or putting a hole through the roll. In 1942, St. Andrew's Paper Mill in England, began selling the first two-ply paper and has remained just about the same since then.

Common toilet paper replacements are catalogs, fabric, napkins, tissues, paper towels, baby wipes, cotton balls, and wrapping paper (none of these products should be flushed down a toilet). Bidets and showers or detachable shower head attachments are handy to clean off with. ■

*Catie Wegman, Treasure Coast Newspapers, 3/13/2020*

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#### COMING NEXT ISSUE

May	Answer to our Trivia!
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#### Recent Savings

##### Warehouse Labels

Savings were over 32% of total spend. ■

##### Plastic Cutlery

Savings were over 24% of total spend. ■

\*Please [contact SafeSourcing](#) to schedule your RISK FREE event today.

## Toilet Paper Hoarding

The Coronavirus has caused people to hoard a variety of household items, one being toilet paper. It has been difficult to find toilet paper across the U.S. and the world. It is strange that toilet paper is being hoarded as it is a product that is widely produced and doesn't protect people from a respiratory virus such as COVID-19. It has become so valuable that at least one armed robbery has been reported. "As an economist, I am fascinated by why people hoard products that are not having supply problems. Toilet paper hoarding in particular has a curious history and economy." In 1973, consumers cleared the shelves of toilet paper for a month based on rumors, fears and a joke. At the time, people were already worried about gas shortages, electricity, and onions. Johnny Carson, late night talk host, joked about a shortage of toilet paper during his opening monologue, but viewers took it seriously instead of the joke it was meant to be. In 2013, Venezuelans began hoarding toilet paper due to a drop in production. As a result, the government took over a toilet paper factory to ensure more supply...that action failed!

The average U.S. person uses about 100 rolls of toilet paper annually. If most of the toilet paper came from China, this would account for the

shortage due to COVID-19 which originated in Wuhan, China; however, the U.S. imports less than 10% of toilet paper, mainly from Canada and Mexico. Today there are 150 U.S. companies that make this product. ■

*Jay L. Zagorsky, The Conversation, 3/11/2020*

## Worrying Wastes Time and Accomplishes Nothing

"Worry is wasting today's time to clutter up tomorrow's opportunities with yesterday's troubles." According to Dr. Charles Mayo, co-founder of the Mayo Clinic, said worry affects circulation, the heart and glands, and the nervous system. Worrying is the most unproductive of all human activities. A day of worrying can be more exhausting than a day of actual work.

How to Stop Worrying and Start Living by Dale Carnegie has long been a favorite of Harvey Mackay's. It was first published in 1948 and remains relevant even today. According to Carnegie's book, the list to "Break the Worry Habit Before it Breaks You" is: Keep Busy; Don't fuss about trifles; Cooperate with the inevitable; Decide how much anxiety something is worth and refuse to give it more; and don't worry about the past. ■

*Harvey MacKay, AZ Central.com, 3/30/2020*

### QUESTIONS AND ANSWERS

**Q:** How can I subscribe or unsubscribe to these newsletters?

**A:** You can subscribe or unsubscribe to these free newsletters by simply going to our [website](#), and clicking the option "e-Newsletter" or by contacting us directly at [events@safesourcing.com](mailto:events@safesourcing.com).

**Q:** I have run events in the past, is there any chance I could be saving more?

**A:** Yes. No matter when your past event ran, the team at SafeSourcing can find ways for your company to save.

**Q:** I want to know more about what SafeSourcing does. Who can I talk to about this?

**A:** You can contact a customer services representative by calling us at 1-888-261-9070 or by going to our [website](#) and trying our "Risk Free Trial" offer.

### Trivia! From February 2020 Issue

What does Kosher mean?

Items prepared in accordance with Jewish dietary law under the guidance of a Rabbi.

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